

Professional Experience

- Sep 2006 – Present **Chinese Medicine Practitioner & Functional Nutritionist**
Private Practice
- Jun 2008 - Present **Adjunct Faculty Member**
Mass College of Pharmacy and Health Sciences/NESA
- Sep 2005-Jun 07 **Herbal Pharmacist, NESA Herbal Pharmacy**
Fill Prescriptions ordered by any qualified herbalist in US and student clinic.
Working knowledge of herbs and necessary substitutions.
- Dec 2005-Jun 07 **Inventory Manager NESA Herbal Pharmacy**
Managed an inventory of over 600 raw and powdered herbs and 50 patent formulas. Recommend modifications to inventory based on usage.
- Jan 2002-Dec 05 **Personal Chef; Whole Foods For You**
Nutritionally balanced meals cooked in private homes. Recommended personalized dishes based on the health of clients.
- Sep 2001-Sep 06 **Nutrition Consultant *Nourishing Balance***
Private practice. Personalized nutrition based on individual.
- May 1988-Sep 01 **Computer Scientist/Engineer**
Several companies - AT&T BellLabs, startups, Kurzweil AI

Formal Education

- Jan 2025 Doctor of Acupuncture and Chinese Herbal Medicine
YoSan University, Los Angeles, CA
- Aug 2006 Master of Acupuncture and Oriental Medicine
New England School of Acupuncture (NESA), Watertown, MA;
- May 2005 Master of Science, Human Nutrition
University of New Haven, New Haven, CT;
- Jun 1990 Master of Science, Computer Engineering. *Boston University, Boston, MA;*
- Dec 1987 Bachelor of Science, Computer Science *SUNY @ Stony Brook, Stony Brook, NY;*

Certifications and Licenses

- 2015 Fellow of the American Board of Oriental Reproductive Medicine (ABORM)
- 2010 Certified LEAP Therapist (CLT)
- 2007 Licensed Dietitian/Nutritionists Massachusetts Board of Dietitians & Nutritionists
- 2006 Certified Nutrition Specialist *American College of Nutrition*
- 2006 Licensed Acupuncturist Massachusetts Board of Registration in Medicine
- 2006 Diplomat Oriental Medicine NCCAOM
- 2006 Clean Needle Technique CCAOM
- 2004 Acupuncture Auriculotherapy Certification *Auriculotherapy Certification Institute*
- 2001 Diploma of Comprehensive Nutrition *American Academy of Nutrition*
- 1994 Reiki Level 1 Certification; Usui Tradition
- 1994 Macrobiotic Counselor Certification, *NOVA Healing Arts*

Professional Teaching

- 2007- Present Western Nutrition at NESA
- 2015 2017 Etiology & Pathology III (Women's & Men's Health) at NESA
- March 2011 "Nutrition Pearls for Acupuncturists" Continuing Ed at NESA
- 2006-2008 Newton Community Education – General Public Health classes
- 2006-2008 Community Education classes at NESA

Professional Activities and Publications

2025 "A Case Report of SaamAcupuncture Quickly AmelioratingAutoimmune Pain" Journal of Chinese Medicine | Issue 137
2024 Peer Reviewer for Toby Daly's "Sa'am Acupuncture" text
2006 Peer Reviewer for John Chen's book "*Chinese Herbal Formulas and Pharmacology*" Art of Medicine Press
2004- 2006 New England School of Acupuncture Institutional Review Board

Continuing Education Credits:

Jun 2024 **Jingui Yaolue - From Pulse to Formula. 40hrs**
White Pine Institute Nadine Zäch

Mar 2024 **Mitigating Adverse Effects of Steroid Use w/Herbal Medicine**
White Pine Insittute - Mazin Al-Khafaji

Feb 2024 **Miscellaneous Women's Illnesses 12hrs**
White Pine Institute

Dec 2023. **Perimenopause & Menopausal Syndromes 12hrs**
White Pine Institute

Dec 2023. **Clinical Pulse Training 18hrs**
White Pine Institute

Nov 2023 **Pregnancy, Birth, and Postpartum Care 12 hrs**
White Pine Institute

Aug 2023 **Treating Infertility with Classical Chinese Medicine 8 hrs**
White Pine Institute

Jul 2023 **Menstrual Diseases 12 hrs**
White Pine Institute Sharon Weizenbaum LicAc

Jun 2023 **Herbs and Formulas for Gynecology and Obstetrics 9 hrs**
White Pine Institute

Sep 2016 - **Graduate Mentorship Program 800+ hrs**
May 2022 *White Pine Institute Sharon Weizenbaum LicAc*

Jul 2022 **Shang Han Lun Pulse Diagnosis 60 hrs**
White Pine Institute Nadine Zäch

Apr 2022. **Acupuncture For Fertility - The Latest 12 hrs**
Rosefinch Academy. Lee Hullinder DAOM LicAc

Sep 2021 **Saam Acupuncture: Deconstructing Point Combinations 14hrs**
White Pine Institute/ Toby Daly LAc.

Apr 2021 **Saam Acupuncture: Draining Strategies & Bilateral Combinations**
Qiological/ Toby Daly LAc.

Oct 2020 **Advanced Practice of Sa'am Acupuncture 14 hrs**
Qiological/ Toby Daly LAc.

Feb 2019 - **Neijing Studies Level 1 100 hrs**
Mar 2020 *Xingling Institute. Edward Neal MD*

Oct 2019 **Introduction and Practice of Sa'am Acupuncture 14 hrs**
Qiological/ Toby Daly LAc. Portland, OR

Jul 2019 **Introduction and Practice of Sa'am Acupuncture 14 hrs**
Qiological/ Toby Daly LAc. Irvington, NY

Feb 2018 **PCOS: TCM Approach by Western Phenotype 5 hrs**
ProDSeminars Kandace Cahill LAc

Dec 2017 **Auricular Acupuncture Module II 4 hrs**
Canadian Institute of Auricular Medicine

Dec 2017 **Orientation to the Field of Auricular Acupuncture Module I 5 hrs**
Canadian Institute of Auricular Medicine

Mar 2017 **Integrative Fertility Symposium III 26 hrs**
American Board of Oriental and Reproductive Medicine Vancouver BC

Jun 2016 **Applied Channel Theory. Lectures on channel physiology 14.5 hrs**
Jason Robertson LAc MCPHS/NESA

Apr 2016 **Integrative Fertility Symposium 26 hrs**
American Board of Oriental and Reproductive Medicine Vancouver BC

Jan 2016	Classical Formulas for Women	12 hrs
	Sharon Weizenbaum LicAc NESAs	
Nov 2015	Deepening Perspectives on Pulse Diagnosis	14 hrs
	Lonny Jarrett MS LicAc NESAs	
Apr 2015	Integrative Fertility Symposium	26 hrs
	<i>American Board of Oriental and Reproductive Medicine Vancouver BC</i>	
Apr 2015	Basic Infertility Course	8 hrs
	<i>American Society for Reproductive Medicine</i>	
Jan 2015	Assisted Reproductive Technology	
	<i>American Society for Reproductive Medicine</i>	
Jan 2015	Causes of Female Infertility	
	<i>American Society for Reproductive Medicine</i>	
Dec 2014	Optimizing Ovarian Reserve	10 hrs
	<i>Brandon Horn ProDSeminar</i>	
Nov 2014	Insulin Resistance	15 hrs
	Dr Paul Magarelli MD NESAs	
Nov 2014	Female Reproductive Anatomy and Physiology	1 hr
	<i>American Society for Reproductive Medicine</i>	
Sep 2014	Acupuncture & IVF: Effective & Safe Strategies to Significantly Improve Outcomes	15hrs
	<i>Lee Hullender Rubin, DAOM</i>	
Sep 2014	Inflammatory & Autoimmune Signaling Systems	2 hrs
	Datis Kharazzian Apex Energetics	
Aug 2014	Treatment of Unexplained Infertility for the Older Patient	1 hr
	<i>American Society for Reproductive Medicine</i>	
Jun 2014	Male & Female Infertility	15 hrs
	<i>Ray Rubio DAOM FABORM NESAs Newton, MA</i>	
Jun 2014	Precision in Herbal Formulation: The Qin Bo Wei Method	2hrs
	<i>Jason Blalack Pacific College of Oriental Medicine</i>	
Apr 2014	TCM Complex Infertility Cases: POF, PCOS, Autoimmune	8hrs
	<i>NCCAOM ProDSeminars</i>	
Feb 2014	Structural Disorders and Geriatrics	14 hrs
	<i>Kiiko Matsumoto NESAs Newton, MA</i>	
Nov 2013	Evaluating & Addressing Autoimmune Disorders	7.5hrs
	<i>Dr William Kleiber Biotics Boston, MA</i>	
Dec 2012	Common Uses for Uncommon Herbs, Formulas and Techniques	7 hrs
	<i>Andy Ellis NESAs Newton, MA</i>	
Nov 2012	Endocrine Disorders - Botanicals, Supplements	8 hrs
	<i>Dr Daniel Weber ProDSeminars</i>	
Oct 2012	Women's Hormonal Health	4 hrs
	<i>Dr Joel Evans MD Metagenics Boston, MA</i>	
Mar 2012	Gluten & Leaky Gut	7.5 hrs
	<i>Apex Energetics Boston, MA</i>	
Feb 2012	The Brain's Regulatory Systems	7.5hrs
	<i>Apex Energetics Boston, MA</i>	
Nov 2011	Gastrointestinal Disorders and Chinese Medicine	24hrs
	<i>Dr Fu Yanling White Pine Healing Institute Amherst MA</i>	
Aug 2011	Laboratory Evaluations for Functional Medicine	12hrs
	<i>Metamatrix Laboratory Duluth, GA</i>	
Jul 2011	Functional Blood Chemistry Analysis	20hrs
	<i>Apex Energetics Boston MA</i>	
Apr 2011	Essential Methods of Herbs During Pregnancy	7hrs
	<i>Sharon Weizenbaum LicAc NESAs Newton, MA</i>	
Mar 2011	Chinese Medicine Dermatology	7.5 hrs
	<i>Karla Renaud LicAc NESAs Newton, MA</i>	
Dec 2010	Certified LEAP Therapist Training	30hrs
	<i>Signet Labs</i>	
Jun 2010	Clarifying Diagnosis	20hrs
	<i>Sharon Weizenbaum LicAc ProDSeminars.com</i>	

Apr 2010 **Tung Acupuncture II** 13hrs
Henry McCann DAOM LicAc NESAs Newton,MA

Feb 2010 **Thyroid, Adrenals and Blood Sugar** 13hrs
Dr Janet Lang Lang Restorative Endocrinology

Nov 2009 **Balancing Female Hormones Naturally – Part 2** 13 hrs
Dr Janet Lang Lang Restorative Endocrinology

Oct 2009 **Tung Acupuncture I** 13hrs
Henry McCann DAOM LicAc NESAs Newton,MA

Nov 2008 **Balancing Female Hormones Naturally – Part 1** 13hrs
Dr Janet Lang Lang Restorative Endocrinology

Sep 2007 **Chinese Herbal Symposium** 4 hrs
CHM Faculty NESAs Newton,MA

Sep 2007 **Herb/Drug Interactions** 7hrs
Dr John Chen PhD LicAc NESAs Newton,MA

Jun 2007 **Fukushin: Abdominal Diagnosis in Oriental Medicine** 15 hrs
Nigel Dawes LAc NESAs Newton,MA

Apr 2007 **Supporting Women Through Pregnancy and Postpartum** 7.5hrs
Eileen DePaula NESAs, Newton,MA

Dec 2006 **Balance Method** 14hrs
Richard Tan LicAc NESAs Newton,MA

Sep 2006 **Role of Detoxification in Chronic Disease** 8hrs
Moss Nutrition Holyoke, MA

Feb 2006 **The Role of GI Dysfunction in Chronic Illness** 8hrs
Moss Nutrition Holyoke, MA

Sep-Dec 2005 **Advanced Needling Techniques** 30hrs
Dr. Xiao Ming Cheng LicAc, Brookline, MA

Nov 2005 **New Approaches to Cardiovascular Disease** 8hrs
Moss Nutrition Holyoke, MA

Apr 2005 **Clinical Insights for Successful Patient Management** 7hrs
BioGenesis MillCreek, WA

Mar 2005 **Meta-Marx Urinalysis Metabolic Markers** 13hrs
Institute of Bio-Terrain Medicine Santa Ana, CA

Nov 2004 **Nutritional and Metabolic Urinalysis** 15hrs
Institute of Bio-Terrain Medicine Santa Ana, CA

Jun 2004 **Achieving Clinical Breakthroughs** 7.5 hrs
Crayhon Research Danvers,MA

Jan- May2004 **Tuina Hand Techniques & Advanced Techniques** 56 hrs
Charles River School of Shiatsu, Cambridge, MA

Sep-Jul 2003/4 **Korean Physical Manipulation** 100 hrs
Steve Jackowicz LicAc, Cambridge, MA

Mar 2003 **Mastering the Science & Skills of Bio-Detoxification** 16hrs
Biotics Research, Hartford, MA

May 2002 **Ayurveda Principles** 38hrs
Dr Vasat Lad, Cambridge,MA

Feb 2002 **Integra Bio-Terrain** 15hrs
Institute of Bio-Terrain Medicine Santa Ana, CA

Nov 2001 **Healing w/Whole Foods–An Integrative Approach** 7.5 hrs
Paul Pitchford NESAs, Waterown,MA

Sep 2001 **Fatty Acid & Blood Chemistry Conference** 19 hrs
Dr Patricia Kane BodyBio,

Jun 1998 **Vision, Creativity & Intuition** 56 hrs
Caroline Myss PhD& Norm Shealy MD Terra Haute IN

Feb 1998 **Cardiovascular Disease and Nutrition** 16 hrs
Designs for Health, Cambridge, MA

Jan 1999-Jul 00 **Comprehensive Nutrition** 90 hrs
Home study courses, American Academy of Nutrition, Knoxville, TN

Sep 1996-Jun 98 **Zen Shiatsu** 375 hrs
Boston Shiatsu School, Cambridge, MA

Sep 1994-Aug 95 **Ayurvedic Herbal Studies** 120 hrs

Rocky Mountain Inst of Yoga & Ayurveda, Boulder, CO

Sep 1993-Dec 93 **Western Herbal Medicine** 60 hrs

Brigitte Mars Master Herbalist, Boulder, CO

Sep 1992-Dec 92 **Jin Shin Jyutsu** 90 hrs

Dr Stephanie Mines, Naropa Institute, Boulder, CO

Sep 1992-Aug 94 **Macrobiotic Counselor Training** 450 hrs

NOVA Healing Arts, Bill Tara, Boulder, CO

Professional Organizations Memberships

American Board of Oriental Reproductive Medicine (ABORM)

Acupuncture Society of Massachusetts (ASM)

American Society for Reproductive Medicine (ASRM)

American Nutrition Association (ANA)

Institute of Functional Medicine (IFM)