

**Professional Experience**

Sep 2006 – Present **Chinese Medicine Practitioner & Functional Nutritionist**  
Private Practice

Jun 2008 - Present **Adjunct Faculty Member**  
*Mass College of Pharmacy and Health Sciences/NESA*

Sep 2005-Jun 07 **Herbal Pharmacist, NESA Herbal Pharmacy**  
Fill Prescriptions ordered by any qualified herbalist in US and student clinic.  
Working knowledge of herbs and necessary substitutions.

Dec 2005-Jun 07 **Inventory Manager NESA Herbal Pharmacy**  
Manage inventory of over 600 raw and powdered herbs and 50 patent formulas. Recommend modifications to inventory based on usage.

Jan 2002-Dec 05 **Personal Chef; Whole Foods For You**  
Nutritionally balanced meals cooked in private homes. Recommended personalized dishes based on the health of clients.

Sep 2001-Sep 06 **Nutrition Consultant Nourishing Balance**  
Private practice. Personalized nutrition based on individual.

May 1988-Sep 01 **Computer Scientist/Engineer**  
Several companies - AT&T BellLabs, startups, Kurzweil AI

**Continuing Education Credits:**

Mar 2024 **Mitigating Adverse Effects of Steroid Use w/Herbal Medicine**  
*White Pine Institute - Mazin Al-Khafaji*

Feb 2024 **Miscellaneous Women’s Illnesses** 12hrs  
*White Pine Institute*

Dec 2023. **Perimenopause & Menopausal Syndromes** 12hrs  
*White Pine Institute*

Dec 2023. **Clinical Pulse Training** 18hrs  
*White Pine Institute*

Nov 2023 **Pregnancy, Birth, and Postpartum Care** 12 hrs  
*White Pine Institute*

Aug 2023 **Treating Infertility with Classical Chinese Medicine** 8 hrs  
*White Pine Institute*

Jul 2023 **Menstrual Diseases** 12 hrs  
*White Pine Institute Sharon Weizenbaum LicAc*

Jun 2023 **Herbs and Formulas for Gynecology and Obstetrics** 9 hrs  
*White Pine Institute*

Sep 2016 - May 2022 **Graduate Mentorship Program** 800+ hrs  
*White Pine Institute Sharon Weizenbaum LicAc*

Jul 2022 **Shang Han Lun Pulse Diagnosis** 60 hrs  
*White Pine Institute Nadine Zäch*

Apr 2022. **Acupuncture For Fertility - The Latest** 12 hrs  
*Rosefinch Academy. Lee Hullinder DAOM LicAc*

Sep 2021 **Saam Acupuncture: Deconstructing Point Combinations** 14hrs  
*White Pine Institute/ Toby Daly LAc.*

Apr 2021 **Saam Acupuncture: Draining Strategies & Bilateral Combinations**  
*Qiological/ Toby Daly LAc.*

Oct 2020 **Advanced Practice of Sa’am Acupuncture** 14 hrs  
*Qiological/ Toby Daly LAc.*

Feb 2019 - Mar 2020 **Neijing Studies Level 1** 100 hrs  
*Xingling Institute. Edward Neal MD*

Oct 2019 **Introduction and Practice of Sa’am Acupuncture** 14 hrs

Jul 2019 *Qiological/ Toby Daly LAc. Portland, OR*  
**Introduction and Practice of Sa'am Acupuncture** 14 hrs  
 Feb 2018 *Qiological/ Toby Daly LAc. Irvington, NY*  
**PCOS: TCM Approach by Western Phenotype** 5 hrs  
*ProDSeminars Kandace Cahill LAc*  
 Dec 2017  
**Auricular Acupuncture Module II** 4 hrs  
*Canadian Institute of Auricular Medicine*  
 Dec 2017  
**Orientation to the Field of Auricular Acupuncture Module I** 5 hrs  
*Canadian Institute of Auricular Medicine*  
 Mar 2017  
**Integrative Fertility Symposium III** 26 hrs  
*American Board of Oriental and Reproductive Medicine Vancouver BC*  
 Jun 2016  
**Applied Channel Theory. Lectures on channel physiology** 14.5 hrs  
 Jason Robertson LAc MCPHS/NESA  
 Apr 2016  
**Integrative Fertility Symposium** 26 hrs  
*American Board of Oriental and Reproductive Medicine Vancouver BC*  
 Jan 2016  
**Classical Formulas for Women** 12 hrs  
 Sharon Weizenbaum LicAc NESAs  
 Nov 2015  
**Deepening Perspectives on Pulse Diagnosis** 14 hrs  
 Lonny Jarrett MS LicAc NESAs  
 Apr 2015  
**Integrative Fertility Symposium** 26 hrs  
*American Board of Oriental and Reproductive Medicine Vancouver BC*  
 Apr 2015  
**Basic Infertility Course** 8 hrs  
*American Society for Reproductive Medicine*  
 Jan 2015  
**Assisted Reproductive Technology**  
*American Society for Reproductive Medicine*  
 Jan 2015  
**Causes of Female Infertility**  
*American Society for Reproductive Medicine*  
 Dec 2014  
**Optimizing Ovarian Reserve** 10 hrs  
 Brandon Horn ProDSeminar  
 Nov 2014  
**Insulin Resistance** 15 hrs  
 Dr Paul Magarelli MD NESAs  
 Nov 2014  
**Female Reproductive Anatomy and Physiology** 1 hr  
*American Society for Reproductive Medicine*  
 Sep 2014  
**Acupuncture & IVF: Effective & Safe Strategies to Significantly  
 Improve Outcomes** Lee Hullender Rubin, DAOM 15hrs  
 Sep 2014  
**Inflammatory & Autoimmune Signaling Systems**  
 Datis Kharazzian Apex Energetics 2 hrs  
 Aug 2014  
**Treatment of Unexplained Infertility for the Older Patient** 1 hr  
 American Society for Reproductive Medicine  
 Jun 2014  
**Male & Female Infertility** 15 hrs  
 Ray Rubio DAOM FABORM NESAs Newton, MA  
 Jun 2014  
**Precision in Herbal Formulation: The Qin Bo Wei Method** 2hrs  
 Jason Blalack Pacific College of Oriental Medicine  
 Apr 2014  
**TCM Complex Infertility Cases: POF, PCOS, Autoimmune** 8hrs  
 NCCAOM ProDSeminars  
 Feb 2014  
**Structural Disorders and Geriatrics** 14 hrs  
 Kiiko Matsumoto NESAs Newton, MA  
 Nov 2013  
**Evaluating & Addressing Autoimmune Disorders** 7.5hrs  
 Dr William Kleiber Biotics Boston, MA  
 Dec 2012  
**Common Uses for Uncommon Herbs, Formulas and Techniques** 7 hrs  
 Andy Ellis NESAs Newton, MA  
 Nov 2012  
**Endocrine Disorders - Botanicals, Supplements** 8 hrs  
 Dr Daniel Weber ProDSeminars  
 Oct 2012  
**Women's Hormonal Health** 4 hrs  
 Dr Joel Evans MD Metagenics Boston, MA  
 Mar 2012  
**Gluten & Leaky Gut** 7.5 hrs  
 Apex Energetics Boston, MA  
 Feb 2012  
**The Brain's Regulatory Systems** 7.5hrs

Apex Energetics Boston, MA  
 Nov 2011 **Gastrointestinal Disorders and Chinese Medicine** 24hrs  
 Dr Fu Yanling White Pine Healing Institute Amherst MA  
 Aug 2011 **Laboratory Evaluations for Functional Medicine** 12hrs  
 Metamatrix Laboratory Duluth, GA  
 Jul 2011 **Functional Blood Chemistry Analysis** 20hrs  
 Apex Energetics Boston MA  
 Apr 2011 **Essential Methods of Herbs During Pregnancy** 7hrs  
 Sharon Weizenbaum LicAc NESAs Newton, MA  
 Mar 2011 **Chinese Medicine Dermatology** 7.5 hrs  
 Karla Renaud LiAc NESAs Newton, MA  
 Dec 2010 **Certified LEAP Therapist Training** 30hrs  
 Signet Labs  
 Jun 2010 **Clarifying Diagnosis** 20hrs  
 Sharon Weizenbaum LicAc ProDDSeminars.com  
 Apr 2010 **Tung Acupuncture II** 13hrs  
 Henry McCann DAOM LicAc NESAs Newton, MA  
 Feb 2010 **Thyroid, Adrenals and Blood Sugar** 13hrs  
 Dr Janet Lang Lang Restorative Endocrinology  
 Nov 2009 **Balancing Female Hormones Naturally – Part 2** 13 hrs  
 Dr Janet Lang Lang Restorative Endocrinology  
 Oct 2009 **Tung Acupuncture I** 13hrs  
 Henry McCann DAOM LicAc NESAs Newton, MA  
 Nov 2008 **Balancing Female Hormones Naturally – Part 1** 13hrs  
 Dr Janet Lang Lang Restorative Endocrinology  
 Sep 2007 **Chinese Herbal Symposium** 4 hrs  
 CHM Faculty NESAs Newton, MA  
 Sep 2007 **Herb/Drug Interactions** 7hrs  
 Dr John Chen PhD LicAc NESAs Newton, MA  
 Jun 2007 **Fukushin: Abdominal Diagnosis in Oriental Medicine** 15 hrs  
 Nigel Dawes LAc NESAs Newton, MA  
 Apr 2007 **Supporting Women Through Pregnancy and Postpartum** 7.5hrs  
 Eileen DePaula NESAs Newton, MA  
 Dec 2006 **Balance Method** 14hrs  
 Richard Tan LicAc NESAs Newton, MA  
 Sep 2006 **Role of Detoxification in Chronic Disease** 8hrs  
 Moss Nutrition Holyoke, MA  
 Feb 2006 **The Role of GI Dysfunction in Chronic Illness** 8hrs  
 Moss Nutrition Holyoke, MA  
 Sep-Dec 2005 **Advanced Needling Techniques** 30hrs  
 Dr. Xiao Ming Cheng LicAc, Brookline, MA  
 Nov 2005 **New Approaches to Cardiovascular Disease** 8hrs  
 Moss Nutrition Holyoke, MA  
 Apr 2005 **Clinical Insights for Successful Patient Management** 7hrs  
 BioGenesis MillCreek, WA  
 Mar 2005 **Meta-Marx Urinalysis Metabolic Markers** 13hrs  
 Institute of Bio-Terrain Medicine Santa Ana, CA  
 Nov 2004 **Nutritional and Metabolic Urinalysis** 15hrs  
 Institute of Bio-Terrain Medicine Santa Ana, CA  
 Jun 2004 **Achieving Clinical Breakthroughs** 7.5 hrs  
 Crayhon Research Danvers, MA  
 Jan- May 2004 **Tuina Hand Techniques & Advanced Techniques** 56 hrs  
 Charles River School of Shiatsu, Cambridge, MA  
 Sep-Jul 2003/4 **Korean Physical Manipulation** 100 hrs  
 Steve Jackowicz LicAc, Cambridge, MA  
 Mar 2003 **Mastering the Science & Skills of Bio-Detoxification** 16hrs  
 Biotics Research, Hartford, MA  
 May 2002 **Ayurveda Principles** 38hrs

Feb 2002 *Dr Vasat Lad, Cambridge, MA*  
**Integra Bio-Terrain** 15hrs  
*Institute of Bio-Terrain Medicine Santa Ana, CA*

Nov 2001 **Healing w/Whole Foods—An Integrative Approach** 7.5 hrs  
*Paul Pitchford NESA, Waterown, MA*

Sep 2001 **Fatty Acid & Blood Chemistry Conference** 19 hrs  
*Dr Patricia Kane BodyBio,*

Jun 1998 **Vision, Creativity & Intuition** 56 hrs  
*Caroline Myss PhD & Norm Shealy MD Terra Haute IN*

Jan 1999-Jul 00 **Comprehensive Nutrition** 90 hrs  
 Home study courses, *American Academy of Nutrition, Knoxville, TN*

Sep 1996-Jun 98 **Zen Shiatsu** 375 hrs  
*Boston Shiatsu School, Cambridge, MA*

Sep 1994-Aug 95 **Ayurvedic Herbal Studies** 120 hrs  
*Rocky Mountain Inst of Yoga & Ayurveda, Boulder, CO*

Sep 1993-Dec 93 **Western Herbal Medicine** 60 hrs  
*Brigitte Mars Master Herbalist, Boulder, CO*

Sep 1992-Dec 92 **Jin Shin Jyutsu** 90 hrs  
*Dr Stephanie Mines, Naropa Institute, Boulder, CO*

Sep 1992-Aug 94 **Macrobiotic Counselor Training** 450 hrs  
*NOVA Healing Arts, Bill Tara, Boulder, CO*

### **Certifications and Licenses**

2015 Fellow of the American Board of Oriental Reproductive Medicine (ABORM)  
 2010 Certified LEAP Therapist (CLT)  
 2007 Licensed Dietitian/Nutritionists Massachusetts Board of Dietitians & Nutritionists  
 2006 Certified Nutrition Specialist *American College of Nutrition*  
 2006 Licensed Acupuncturist Massachusetts Board of Registration in Medicine  
 2006 Diplomat Oriental Medicine NCCAOM  
 2006 Clean Needle Technique CCAOM  
 2004 Acupuncture Auriculotherapy Certification *Auriculotherapy Certification Institute*  
 2001 Diploma of Comprehensive Nutrition *American Academy of Nutrition*  
 1994 Reiki Level 1 Certification; Usui Tradition  
 1994 Macrobiotic Counselor Certification, *NOVA Healing Arts*

### **Education**

Jan 2024-present *YoSan University, Los Angeles, CA*  
 Candidate Doctor of Acupuncture and Chinese Medicine  
 Aug 2006 *New England School of Acupuncture (NESAs), Watertown, MA;*  
 Master of Acupuncture and Oriental Medicine  
 May 2005 *University of New Haven, New Haven CT;* Master of Science, Human Nutrition  
 Sep 1990 *Boston University, Boston, MA;* Master of Science, Computer Engineering  
 Dec 1987 *SUNY @ Stony Brook, Stony Brook, NY;* Bachelor of Science, Computer Science

### **Professional Organizations**

American Board of Oriental Reproductive Medicine (ABORM)  
 American Society for Reproductive Medicine (ASRM)  
 Acupuncture and Oriental Medicine Society of Massachusetts (AOMSM)  
 American Nutrition Association (ANA)  
 Institute of Functional Medicine (IFM)

### **Professional Teaching**

2007- Present Western Nutrition at NESAs  
 2015-2017 Etiology & Pathology III (Women's & Men's Health)  
 March 2011 "Nutrition Pearls for Acupuncturists" Continuing Ed at NESAs 7.5 hrs

2006-2008 Newton Community Education – General Public Health classes  
2006-2008 Community Education classes at NESAs

**Professional Activities**

2024 Reviewer for Toby Daly’s “Sa’am Acupuncture” text  
2006 Peer Reviewer for John Chen’s book “*Chinese Herbal Formulas and Pharmacology*”  
Art of Medicine Press  
2004- 2006 New England School of Acupuncture Institutional Review Board